

# **SUBSTANCE ABUSE POLICY REGARDING EXTRA-CURRICULAR ACTIVITIES**

## **PURPOSE**

Paschal High School recognizes that the use of alcohol and other drugs and the problems associated with it are becoming more commonplace among youth. The use of illicit drugs and alcohol results in negative effects on the behavior and learning of young people. All parties within the school community must work together to make the policy successful.

In order for a student to participate in extra-curricular activities, the student's parents must sign a form that they have received, read, are aware of, and will encourage their child to abide by this extra-curricular activity substance abuse policy and participation rules established by the coaches and sponsors. The student will also take the substance abuse policy pledge.

## **DEFINITIONS**

### **EXTRA-CURRICULAR**

Activities that are conducted as a result of participating in athletic, music, drama, clubs, student government, class offices and other programs sanctioned by the school.

### **CONTROLLED SUBSTANCES/MEDICATIONS**

A student shall not use, consume, possess, transport or be under the influence of any alcoholic beverage, stimulant, intoxicant, hallucinogen, illegal depressant, narcotic drug, inhalant, prescription medication that is not prescribed for the student, controlled substance (including marijuana, cocaine, or "crack", methamphetamine), excessive doses of over-the-counter medication, paraphernalia, or items that look like or items represented to be any of the foregoing substances.

### **CONFIRMED VIOLATION**

1. A voluntary admission of guilt by a student alleged to have violated this policy.
2. A direct observation by administrators, sponsors, coaches or teachers that a student violated this policy.
3. Violations that come to the attention of the administrators that through investigation are substantiated.

### **PROCEDURE**

If an administrator has reason to believe a violation has occurred the following actions will be taken:

- a. conducts an investigation to determine if a violation has occurred
- b. informs the student of the allegations
- c. provides the student with an informal opportunity to explain his/her conduct
- d. if a violation is confirmed, the student and parent will be notified of the penalty.
- e. the student may request a school meeting and parents may be present at the student's request
- f. appropriate sponsors/coaches will be notified

### **PENALTIES**

#### **All Confirmed Violations**

- 1. Conduct a meeting with student, parent, head coach, and athletic coordinator to evaluate eligibility status.**
- 2. All confirmed violations will follow the student throughout their tenure at Paschal High School.**

#### **1. FIRST VIOLATION**

A. A confirmed violation will result in a student being ineligible for extra-curricular activities for the **next three events for their current sport.**

B. Eligibility may be restored if the student and parents/guardians meet the following criteria:

1. The student will be referred to a school substance abuse counselor for assessment.
2. The student serves the three event suspension in good standing.
3. The student re-commits to the substance abuse policy pledge.

#### **2. SECOND VIOLATION**

A. A confirmed violation will result in a student being ineligible for extra-curricular activities for **one year (full fiscal year)**

#### **3. THIRD VIOLATION**

A. A confirmed violation will result in a student being ineligible for extra-curricular activities for the remainder of his/her school career.

**SUBSTANCE ABUSE PROCEDURE PLEDGE FORM**

A. As a student at Paschal High School, I have received a copy of the Substance Abuse Procedure concerning extra-curricular activities. I agree that I will read, be aware of, and abide by this policy and any formal participation rules adopted by coaches/sponsors to be eligible. I pledge to be drug and alcohol free.

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**(Student Signature) (Date)**

B. As a parent of a student participating in a sport or club at Paschal School, our family has received a copy of the Substance Abuse Policy. We agree to read and be aware of this policy. We will encourage our son/daughter to abide by this policy and participation rules adopted by coaches/sponsors.

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**(Parent Signature) (Date)**